
How to Choose the Best Indoor Lighting for Your Home

Choosing the proper lighting for a home involves taking the time to determine your needs. By truly assessing your needs before making any purchases, you will be able to determine what you need while you are at a lighting store. Otherwise, you may choose lighting that ends up being inefficient and find yourself needing to make one or more returns.

Instructions :

- View the light in all rooms at various times of day. Be sure to position your blinds or draperies as they will be on the average day at different times in each room.
- Take note of dark spots in the rooms that may need to be illuminated. In other words, be sure each spot where you perform any task in any room has the appropriate amount and type of lighting.
- You will want overhead light to be bright enough so that as many areas as possible are illuminated.
- Some people enjoy having a ceiling fan attached to the lighting in their room. If you live in a temperate or humid climate, you may enjoy having a ceiling fan for hot and humid days and evenings.
- Allow as much natural light into all rooms as possible. Natural light soothes and helps people relax no matter what room they are in.
- Task lighting is important in rooms. Consider where you perform different tasks in the room and be sure there is bright light over those areas.
- Lamps are important pieces in rooms both for form and function. Lamps can add height as well as light in needy spaces.